

**INTERNATIONAL NORMS AND RULES
IN THE KUMITE SECTION
AT THE ASIAN CHAMPIONSHIP
IN MANILA PHILIPPINES
ON APRIL 26 – 27. 2025**



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1. BASIC RULES OF COMPETITION

The minimum age for participation for adults is 22+ years. The maximum age for participation is determined by the person in charge of the championship and the doctor of the championship after examining the participants and before the start of the championship.

Before the start of the championship, participants must provide a signed document releasing the organization from liability in case of injury. Participants must have confidence in their dojo and the corresponding organizations.

Participants will wear white and clean dogi with the kanji Kyokushin on the chest.

During the fight, a participant will wear a red identification ribbon (Aka) tied to his own belt at the back, the other participant will wear only his own belt (Shiro).

Fingernails and toenails must be trimmed, no metal or similar objects (earrings, piercings, etc.) may be carried, and no protective clothing, bandages or protective equipment may be used unless they are included in the regulations of the championship.

In case of injury, the use of protective bandages is at the discretion of the

Championship Chief Referee, who will allow it or not after consulting with the doctor.

At first, the use of these protective bandages is not allowed at least until at least one fight has been held.

2. REFEREES AND OFFICIALS

Referees and officials of the championship must wear dark blue trousers, a white T-shirt with the WKB logo and a dark blue tie with the WKB logo, for the parade they must wear a dark blue jacket or vest

3. COACHES

Coaches must wear suits (tracksuit optional) and sit on a chair 1.5 m from the tatami.

A coach must always demonstrate the correct attitude and behavior, the Referee or Tatami Judge will monitor this, otherwise he will be given a warning and if such behavior is repeated, he will be removed from his position in the tatami.

In case of repeated removal in another match, you will not be allowed into the competition area.

There can only be one coach on the tatami (second - representative).

No referee or judge can act as a coach; if he decides to change place, he will not be able to act as an umpire again.

4. GREETINGS

The official greeting for all: referees, judges, coaches and participants will be the same, with the cry of "OSU!" the body should be tilted at an angle of 45.

5. TEAM OF OFFICIALS

The team of officials that forms the championship consists of:

SUPREME (CHIEF) JUDGE (Saiko Shinpan-Cho)

The Chief Judge has the right to make the final decision in all fights, determines the championship lines and makes the final decision on claims, having the ability to delegate his/her functions to the Chief Judge of the championship.

CHIEF JUDGE (Shinpan-Cho)

The Chief Judge is one of the members of the panel of judges, he/she selects the judging team of the championship and replaces the Chief Judge. He/she will assume all responsibility in the absence of the Chief Judge.

REFEREE (Shushin)

The Referee takes charge of the tatami and supervises a team of four corner judges. His/her duties are as follows:

- To ensure the correct entry and exit of the refereeing team from the tatami, as well as of the participants.
- To start and finish the bout.
- To maintain calm during the bout and to protect the safety of the participants.
- To watch the referees' movements, their decisions and to show the decisions to the spectators.
- To gather the referees for consultation or decision when necessary.
- To support and respect the decision made by the Chief Judge, above his/her own.
- In making final decisions, the Referee has one vote.
- All instructions must be made energetically and in a strong voice. If in doubt, consult the referee on the tatami, and if still unclear, the director of arbitration

TATAMI JUDGE (Shushin)

The Tatami Judge will be chosen from the most experienced judges to supervise the judges and referees and ensure that the rules are followed; He will change them so that everyone can be an arbitrator. He will record the arbitrator's decisions and assist him, and in case of doubt, consult with the head of arbitrators. And finally, he will give appropriate explanations to the coach if there are any complaints.

JUDGES (Fukushin)

Each referee team will be formed by four judges. They will referee the bout from the four corners of the tatami. Their duties are:

- To make clear decisions for the participants, spectators and shushin.
- If necessary, to unconditionally implement the decision of the Chief Judge.
- When making decisions, each judge has the right to vote.
- Judges may comment on their doubts only to the referee of their tatami, and while they are judging, no one may address them, only the referee, the judge of the tatami or the chief arbiter.

The referee and judges will sit in their designated places so that they will be available for any changes. In case of absence from their place for any reason, they must inform the judge of the tatami of the reason for their absence and their new location, so that he can count on them if necessary.

At the conclusion of the championship, the referees and judges will line up next to the prizes, participating in the presentation of prizes to the participants or performing any other functions that the Chief Judge deems necessary until the conclusion of the championship.

6. COMPETITION AREA

The Asian Championship will be held on April 26 in the Philippines Manila, Sminar and Belt promotion on the Pico de Loro Beach and Country Club

The competition area will be 8 meters from the board, plus 1 meter on each side as a safety zone.

It is possible to increase the area by another 2 meters to avoid accidents and to allow the judges to sit on chairs.

The judges' chairs must always be outside the competition area, except when the area is of a different size. In this case, the judges' chairs will be inside the tatami.

7. WEIGHT CATEGORIES

The weight categories will be as follows for adults:

MEN Weight KG

AGE 22+	-65	-70	-75	-80	-85	-90	+90
AGE 35+		-70	+70				
AGE 45+				-80	+80		

WOMEN WEIGHT KG

AGE 22+	-50	-55	-60	-65	+65
AGE 35+				-65	+65

Weight tolerance for Hikiwake weigh-in is limited to 100 grams above or below the weight required in each category, and it is also prohibited for a participant to participate in a category other than the corresponding one, for this purpose competitions are held with OPEN category mode.

When weighing in, everyone will be assigned to a category with the corresponding weight

8. PROTECTION

WKB approved protective equipment is mandatory in all cases (groin guard in the men's category and chest protector in the women's category):



Kappa will be used voluntarily in this category.

For categories of children and over 35 years old, the following protective measures are provided:

- cloth feet with ankle fastening on the legs (preferably white)
- cloth gloves (leather is prohibited)
- chest protection (women's category) on a T-shirt under a kimono
- Kappa (optional)
- Groin shell (men's category) under a karate gi





9. DURATION OF FIGHTS

The duration of the SENIOR 22+ fights will be as follows:

Preliminaries:

2'00" + 1'00" – Weight – 1'00" (Mandatory Final Decision ENCHOSEN)

Semi-finals and finals:

2'00" + 2'00" – Weight – 1'00" (Mandatory Final Decision ENCHOSEN)

The duration of the SENIOR 35+ fights will be as follows:

All rounds:

2'00" + 1'00" – Weight – 1'00" (Mandatory Final Decision ENCHOSEN)

In case the final decision of the judges and referee has not yet been made, the weight of both participants is checked, declaring the winner the lightest of them, provided that the difference is more than 3 kg (in categories related to 5 kg in 5 kg, in which there are 10 kg, in 10 kg they will be 5 kg) except for the categories of super heavy or open championships, where there will be 10 kg.

In case there is no difference in weight to declare a winner, another fight of 2 minutes duration will be held with the mandatory final decision

(ENCHOSEN) of the judges and referee.

10. TIME CALCULATION

The duration of the fight will begin from the moment the referee calls HAJIME.

A red bag will be used to indicate the end of the fight, simultaneously with the throw of the bag a sound signal or something similar will be given, ensuring that the bag falls in a visible place for both the participants and the referee.

11. MATCH DECISION CRITERIA

A contestant will be declared the winner before the end of the bout if he/she scores Ippon or two Waza-ari that constitute Ippon, or if the opponent quits.

11.1 WINNING BY IPPON

With the exception of techniques considered as faults, a contestant who performs any technique in a legal area of the body and charges the opponent or stops fighting for the technique listed above for 3 seconds or more will be considered Ippon.

Scoring two Waza-ari in one bout will result in Ippon.

11.2 WINNING BY WAZA-ARI

With the exception of techniques considered as faults, a contestant who performs any technique in a legal area of the body and defeats the opponent or stops fighting for the technique listed above for less than 3 seconds will be considered Waza-ari.

Also, a participant who is knocked down will be allowed to continue the championship, if the referee sees that he/she is able to do so, having the opportunity, if necessary, to consult with the doctor of the championship and record this on the list (usually a participant who received a strong blow and lost consciousness will have 3 months without competition).

11.3 VICTORY BY REFUSAL OF THE OPPONENT (KIKEN)

When one of the participants voluntarily refuses to continue the fight, the victory is awarded to the other participant.

In this case, the referee must mention the color of the opponent who has surrendered, and then the word KIKEN to indicate that he has surrendered, subsequently he must grant the victory to the other participant by stating the color (aka or shiro), followed by the expression NO KACHI

11.4 VICTORY BY DECISION (HANTEI-KACHI)

The criteria that the refereeing teams must follow when making their final decisions are:

- Damage caused
- Effectiveness in technique
- Number of techniques used
- Tactics and strategy of the fight (distance, concentration, etc.)
- Fighting spirit during the fight.

The decision will be valid in all cases, whether Ippon, Waza-ari or final decision, if at least three of the five members of the refereeing team agree on the same decision.

The referee on the tatami will be responsible for the awarding of penalties as well as for Waza-ari, to avoid confusion.

The referee will indicate to the judges before making the final decision, the absence and presence of a winner by penalty, indicating: none if there is no difference, Waza-ari if there is a difference.

Once all these factors have been assessed, they must be differentiated so that by decision of the refereeing team, one of the two contestants will be awarded the victory, regardless of whether one of the contestants has received points or not.

11.5 PROCEDURE FOR MAKING A DECISION IN THE CASE OF ABSENCE OF POINTS

If neither contestant has finished the fight with Ippon, Waza-ari or the necessary reprimands, the winner is determined by the judges' decision.

In order to award the victory to one of the contestants, there must be a difference of at least one or two penalty points in the sum of the opponent's penalty points.

11.6 SOMEONE HAS SCORE POINTS

When one of the contestants has a point, the following equivalence of warnings, penalties, Waza-ari and IPPON will be taken into account:

IPPON 2	WAZARI 1	CHUI 0	GENTEN ICHI -0,5	GENTEN NI - 1	GENTEN SAN SHIKAKU -2
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The winner will be the participant with the highest total points and penalties, considering that Chui is not a penalty, but a warning and as such has no meaning for this purpose.

EXAMPLES

POINTS	SHIRO	AKA	RESULT
NO	-	CHUI	SHIRO-AKA-HIKIWAKE
NO	-	GENTEN ICHI	SHIRO-AKA-HIKIWAKE
NO	CHUI	GENTEN ICHI	SHIRO-AKA-HIKIWAKE
NO	CHUI	GENTEN NI	SHIRO
NO	GENTEN ICHI	GENTEN NI	SHIRO-AKA-HIKIWAKE
YES	- 0,0	GENTEN ICHI-WAZARI $-0,5+1 =0,5$	AKA 0,0 less 0.5
YES	- 0,0	GENTEN NI-WAZARI $-1+1 =0,0$	SHIRO-AKA-HIKIWAKE 0,0 the same 0,0
YES	CHUI -0,0	GENTEN NI-WAZARI $-1+1 =0,0$	SHIRO-AKA-HIKIWAKE 0,0 the same 0,0
YES	GENTEN ICHI -0,5	GENTEN NI-WAZARI $-1+1 =0,0$	AKA -0,5 less 0,0
YES	WAZARI 1,0	WAZARI – CHUI 1,0	SHIRO-AKA-HIKIWAKE 1,0 the same 1,0
YES	WAZARI 1,0	WAZARI –GENTEN ICHI $1,0 – 0,5=0,5$	SHIRO 1.0 more than 0,5

12. PROHIBITED ACTIONS AND TECHNIQUES

The following techniques or actions are considered prohibited:

- Any attack to the opponent's head, face or neck with an open palm, fist or any other part of the hand, except in special circumstances, will result in automatic disqualification.
- Strikes to the groin area
- Headbutts.
- Attacking the opponent when he is on the floor.
- Any type of strike to the spine.
- Grabbing or holding the opponent's neck or body.
- Grabbing or holding the opponent's dogi, arms or legs.
- Pushing with the hands or clenched fists.
- Executing an attack from the floor.
- Direct and frontal strikes to the knee joints.
- Refusal to obey the Referee's instructions.
- Frequent exits from the competition area (Jogai) (more than 3 times).
- Any other methods or actions that the referee team deems unfair or incorrect.

12.1 DISQUALIFICATION (SHIKKAKU)

The following matters may merit disqualification at the full and absolute discretion of the Championship Referee, however, a disqualified contestant may express his dissatisfaction through his coach to the tatami judge, who will examine it and give an appropriate explanation, and in case of doubt, the matter will be examined by the Supreme Arbiter of the competition, who after consultation with the judges and the Referee may reinstate the disqualified contestant or confirm and approve the decision

taken; the decision of the Supreme Arbiter of the Championship will be final and permanent.

The following situations will constitute disqualification:

- Three faults (Genten-San = Shikkaku)
- Not obeying the referee's instructions during the bout.
- Actions that are considered violence or improper conduct, such as celebrating a victory when the referee hands the trophy to the contestant, in which case he will be disqualified and will not receive the trophy.
- Competitors who refuse to participate in a kumite after being called three times by the referee.
- A physical disability that occurs during the championship will allow the competitor to withdraw from the distance after examination and confirmation of the injury by a doctor. This decision will be final.
- If a competitor is eliminated in the semi-finals or finals by Shikaku, he will be left without a trophy, unless for any reason the Chief Judge after consultation decides otherwise.
- If in the finals an injured competitor is unable to continue the fight and does not have Waza-ari, he will receive the second trophy, if he had Waza-ari, he will receive first place, since he would have won.

A competitor who does not win any of his bouts will not receive a trophy

When committing prohibited actions, the first warning will be for a slight mistake and will be announced to the participant confidentially:

- 1 mistake CHUI - reprimand
- 2 mistake GENTEN-ICHI - penalty
- 3 mistake GENTEN-NI - penalty
- 4 mistake GENTEN-SAN – SHIKKAKU

In violations committed when leaving the tatami when refusing to fight:

- 1 of JOGAI-CHUI - reprimand
- 2 of JOGAI-GENTEN-ICHI - penalty
- 3 of JOGAI-GENTEN-NI - penalty
- 4 of JOGAI-GENTEN-SAN – SHIKKAKU

In case of Hikiwake in the fight, errors or Waza-ari will not be carried over to the next extension of the fight

13. ARBITRATION PROCEDURE AND TERMINOLOGY

13.1 ORDER OF ENTRY AND EXIT OF THE REFEREE TEAM

The referee in front and the four judges will enter the tatami from the right side in front (the tatami is visible from the side of the official table).

When entering the tatami, each official will salute first at the entrance to the tatami and then to the official table, saying "OSU".

If there is no referee team on the tatami at this moment, the incoming team goes straight to the further part of the tatami, facing the official table.

The referee is positioned in the center of the judges and slightly in front of the line that delimits the competition area.

The referee will salute in the following order: Shomen ni rei, Mawatte, Shushin ni Rei. The judges will follow the referee's instructions, bending their bodies at a 45° angle at each command of Rei with "OSU".

The referees take their designated places in the corners.

13.2 ORDER OF ENTRY

When the referee team has finished their turn, they will move to the farthest part of the tatami, stand facing the official table and make the above-mentioned salutes.

If they are not replaced by another team, they will exit the tatami from the left side in front (the tatami is visible from the official table), first salute the official table, and then, as they exit the tatami, say: "OSU".

14. PROCEDURE FOR REPLACING AN OFFICIAL TEAM

When an umpire team replaces another team, after the entrance greeting, they are positioned on the right side as viewed from the official table, with the referee in the center and inside the competition area, and the judges on the line that borders the competition area and facing to the left.

The outgoing team, after the greeting at the far end in front of the official table, are positioned on the left side of the official table and facing to the right, with the referee in the center and the judges on the line that borders the competition area, all facing to the right.

The judge of the outgoing team will perform the greeting between the umpire teams, saying "Shimpan ni Rei", responding to both teams with "OSU".

The outgoing team will exit as described above.

The incoming team will move to the far end of the tatami, face the official table and perform the greeting described above.

15. PROCEDURES FOR STARTING, CONDUCTING AND ENDING A FIGHT

15.1 ORDER OF STARTING A FIGHT

When the contestants are called, they will enter the tatami on each side at the same time Aka and Shiro, always on the referee's command "Aka - Shiro, Nakai".

The contestants will take their places facing each other and will wait for the referee's instructions in Fudo Dachi.

The referee will take his place in the center of the tatami between the contestants, facing the official table, and will give the following orders:

Shomen ni Rei - Salute towards the official table

Shushin ni Rei - Salute to the referee

Otagai ni Rei - Salute between the contestants

Kamaete - Fighting position (behind the line)

Hajime - Start the fight

15.2 PROCEDURE FOR ENDING A FIGHT

When the Referee says "Yame", the contestants stop fighting and return to their starting position, facing each other. The Referee will instruct them to put on their dogi correctly if necessary.

After the Referee asks for a decision, he/she will give the following orders:

Shomen ni Rei - Salute towards the official table

Shushin ni Rei - Salute to the referee

Otagai ni Rei - Salute between the contestants

Akushu - The contestants shake hands

16. ORDER DURING A FIGHT

During a bout, the terminology used by the Referee should be as follows:

HAJIME - Start the bout with the Tsuki gesture.

YAME - Stop the bout immediately. Right hand from top down. Only the Referee, the referee on the tatami or the head referee can stop the bout.

KAMAETE - Take the fighting position to begin.

ZOKKO - Resume the fight or call on the opponents to maintain the fighting spirit. With a gesture of joining both palms up.

JIKAN WO - Stop the clock

TOMETE

KUDASAI

ENCHOSEN - The last fight with a mandatory decision of the referees.

17. PROCEDURE AND TERMINOLOGY FOR PROHIBITED METHODS

When performing prohibited techniques, the Referee will take his place between the contestants and stop the bout based on the decision of the judges (flags) and his own.

The Referee may issue a warning for prohibited techniques based on the decision of at least three of the five referees with the same decision.

The terminology used by the Referee to announce prohibited techniques will be as follows:

Ganmen Ouda o Ganmen - Illegal strikes to the face.

Tsukami - Grabbing or holding the opponent.

Shotei Oshi o Shotei - Pushing with the hands/clenched fists.

Kinteki o Kogeki - Striking the testicles.

Zutsuki - Headbutting.

Kakenige - Repeated throwing action.

Terms used by the Referee to classify faults:

CHUI - First warning.

GENTEN-ICHI - First fault.

GENTEN-NI - Second fault.

GENTEN-SAN - Third fault (Shikkaku).

The referee places the contestants in their places, counting the number of flags indicated by the judges, starting from the right side, calling out the prohibited technique and its classification

18. PROCEDURE FOR OBTAINING IPPON/WAZA-ARI

First of all, the referee must check the condition of the contestant before asking for a decision as a consequence of a possible injury or damage sustained during the fight.

Once it has been proven that the contestants have not caused any damage or damage, the referee will place the contestants in their places and ask for a decision. The referee will start the count from the right corner and the judges' flags will be counted from right to left, always counting with the right hand, calling out the technique and announcing the result.

19. PROCEDURE FOR TAKING A DECISION IN CASE OF NO POINTS

If Ippon or Waza-ari is not achieved, the victory is awarded by decision:

- The referee will place the contestants in their places and turn them to face their opponent. If the contestant is wearing the dogi incorrectly, he/she will make them put it on correctly before asking for a decision.

- The Referee requests the decision as follows: the judges "Hantei onegaishimasu" are ready to make a decision, lower their heads to concentrate on the decision, after a short pause they give the command "HANTEI" by blowing their whistles and lowering their right hands up and down.

- The judges will immediately announce their decision by raising the appropriate flag.

- The Referee counts the flags starting from the right side, from right to left and with his right hand from his position.

In the event of no unanimous final decision, the Referee first counts the flags with the fewer votes, in the case of two flags of each color the Referee makes his decision last.

The Referee verbally indicates the decision, while pointing to the side of AKA or SHIRO with the appropriate and clearly raised hand, followed by the expression NOKACH.

20. JUDGING PROCEDURES. CONDUCT

During the bout, the judges will indicate their decisions with flags and whistles.

They will follow the referee's instructions on the tatami and will always be alert to his possible calls for the bout, which will be indicated by the expression "FUKUSHIN SHUGO".

Conduct of the judges:

- They will assume correct posture while seated.
- During the bout, they will have a whistle in their mouth.
- They will have flags in their hands, each of a corresponding color.
- Both flags will be raised above the knees and ready for use quickly, clearly and vigorously.
- They will only pay attention to the referee to assist him in making his decisions or to attract his attention.
- No one may address the judges except the referee, the judge on the tatami or the chief arbitrator.

21. ORDER OF USE OF FLAGS AND WHISTLES

The judges will indicate to the referee the various circumstances that they may assess during the bout as follows:

IPPON KACHI: Raise the flag straight up and simultaneously blow a loud whistle.

WAZA-ARI: Raise the flag horizontally at shoulder height while simultaneously blowing a loud whistle.

CHUI/HANSOKU: Raise the flag horizontally at shoulder height while simultaneously blowing a loud whistle.

JOGAI: Tap the flag on the floor, blowing the whistle repeatedly and giving short beeps.

MITOMEZU: Cross the flags horizontally in front of the knees

MIEZU: Crossing the flags in front of the face.

HIKIWAKE: Crossing the flags in front of the knees and whistling once.

YUSEI HANTEI KACHI: Winning by decision, raising the appropriate flag up and whistling once.

The referees, when they have the need to speak to the referee, move the flag in short motions from front to back, in front of the chest, while blowing the whistle.

The referees must use their flags and whistles confidently and clearly, vigorously executing the arm movements.

The actions indicated by the flags will continue until the Referee clearly sees and announces the decision.

Any question that may arise during the championship and is not included in these regulations will be discussed by the championship judges and its Chief Judge.

22. APPLICATION FOR LOWER KUMITE CATEGORIES

In the lower categories, the same regulations apply to them as in the senior category, regarding the criteria for judging and refereeing, reprimands and scoring in fights, with the exception of the following points:

The duration of the fights will be:

6 - 7 years old: 1'00" + 1' – weight – 1'00" (mandatory decision)

- 8 – 9 years old:** 1'00" + 1' – weight – 1'00" (mandatory decision)
- 10 – 11 years old:** 1'30" + 1' – weight – 1'00" (mandatory decision)
- 12 – 13 years old:** 1'30" + 1' – weight – 1'00" (mandatory decision)
- 14 – 15 years old:** 1'30" + 1' – weight – 1'00" (mandatory decision)
- 16 – 17 years old:** 2'00" + 2'00" – weight – 1'00" (mandatory decision)
- 18 – 21 years old:** 2'00" + 2'00" – weight – 1'00" (mandatory decision).

For ages 6-11 (no exceptions) - all preliminary fights are held only in the first round, and in all other fights a second round is allowed.

For decisions based on weight, the difference will be 2 kg.

23. MANDATORY PROTECTION MEASURES

- cloth feet with full ankle protection on the legs (preferably white)
- cloth gloves (leather is prohibited)
- helmet with full head coverage and a plastic visor (MANDATORY)
- chest protection (women's category) on a T-shirt under the gi
- mouthguard (optional)
- groin guard (men's category) under the gi





All dojos and participants will have their own protective equipment, it must be provided for each athlete during the registration period. The absence of the above equipment threatens disqualification.

Athletes (each of the declared team) must provide all their equipment for demonstrating it during registration. In the absence of all the necessary equipment or its non-compliance with the specified requirements, this athlete or the entire team cannot be allowed to participate in the Asian Championship

The weight categories will be as follows:

Men

Age

weight kg

6-7	-20	-25	+25											
8-9	-25	-30	-35	+35										
10-11		-30	-35	-40	-45	+45								
12-13				-40	-45	-50	-55	-60	+60					
14-15						-50	-55	-60	-65	-70	+70			
16-17								-60	-65	-70	-75	-80	+85	
18-21									-65	-70	-75	-80	-85	+85

Women

Age

weights kg

6-7	-25	+25							
8-9	-30	-35	+35						
10-11		-35	-40	+40					
12-13			-40	-45	-50	+50			
14-15				-45	-50	-55	+55		
16-17					-50	-55	-60	+60	
18-21						-55	-60	-85	+85

24. REGISTRATION FEE

REGISTRATION FEE FOR PARTICIPATION IN EACH DISCIPLINE FOR 1 SPORTSMAN IS:

KUMITE – 3050 philippine peso (50 Euro)

KATA - 3050 philippine peso (50 Euro)

KUMITE+KATA – 4260 philippine peso (70 Euro)

Kancho Pedro Roiz

President of World Kyokushin Budokai